

# Jersey Coast 'MAKOS' Swim Club - Individual Meet Entries Report

11/12 Silver Bronze Champs 13-Mar-10 to 14-Mar-10 Yards - Location: Raritan Valley Community College

Coaches: Rosa / Heather / Steve

## Sat March 13 : Session 1 : 11/12 Boys

Warm up 7:00 am Start 8:05 Am

### Boyle, James (12)

# 2	Male 11-12 100 IM	1:30.95Y
# 6	Male 11-12 100 Back	1:27.06Y
# 8	Male 11-12 50 Fly	46.30Y

### Oppegaard, Adam D (12)

# 3	Male 11-12 200 Free	2:49.56Y
# 4	Male 11-12 50 Breast	51.81Y
# 8	Male 11-12 50 Fly	43.33Y

### Schmidt, Max (11)

# 2	Male 11-12 100 IM	1:22.62Y
# 4	Male 11-12 50 Breast	42.13Y
# 7	Male 11-12 200 Breast	3:27.12Y

## Sat March 13 : Session 2 : Boys 400IM

Warm up TBA Start TBA

## Sat March 13 : Session 3: 11/12 Girls

Warm up TBA Start TBA

### Event # 10 11/12 200 female medley relay

#### Castano, Valerie (12)

# 11	Female 11-12 100 IM	1:30.66Y
# 13	Female 11-12 50 Breast	42.71Y
# 15	Female 11-12 100 Back	1:28.13Y

#### Freda, Carlie (12)

# 12	Female 11-12 200 Free	2:47.28Y
# 15	Female 11-12 100 Back	1:25.77Y
# 17	Female 11-12 50 Fly	47.31Y

#### Klinger, Kaitlyn (12)

# 12	Female 11-12 200 Free	2:22.70Y
# 13	Female 11-12 50 Breast	43.54Y
# 17	Female 11-12 50 Fly	36.01Y

#### Resman, Sarah E (12)

# 12	Female 11-12 200 Free	2:36.47Y
# 15	Female 11-12 100 Back	1:15.02Y
# 16	Female 11-12 200 Breast	3:12.12Y

#### Wallace, Amy (12)

# 11	Female 11-12 100 IM	1:23.18Y
# 13	Female 11-12 50 Breast	45.15Y
# 15	Female 11-12 100 Back	1:41.59Y

## Sat March 13 : Session 4: Girls 400im

Warm up TBA Start TBA

## RARITAN VALLEY COMMUNITY COLLEGE Route 28 & Lamington Road, North Branch New Jersey

From INTERSTATE 287 NORTH - (From Edison Area):

Take Interstate 287 NORTH to the Route 22 WEST exit. After approx. 7 miles (just before the 5th light), exit at Raritan Valley College Drive (Orr Drive). At the end of Orr Drive is a traffic light. Proceed straight to enter the College.

From GARDEN STATE PARKWAY NORTH - (From the Shore area):

Take Exit 127 to Interstate 287 NORTH. Proceed on 287 NORTH to the Route 22 WEST exit. After approx. 7 miles (just before the 5th light), exit at Raritan Valley College Drive (Orr Drive). At the end of Orr Drive is a traffic light. Proceed straight to enter the College

## Sun March 14 : Session 5 : 11/12 Boys

Warm up 7:00 am Start 8:05 Am

### Boyle, James (12)

# 21	Male 11-12 50 Back	42.25Y
# 24	Male 11-12 50 Free	33.33Y
# 26	Male 11-12 200 IM	3:10.26Y

### Oppegaard, Adam D (12)

# 20	Male 11-12 100 Free	1:17.11Y
# 21	Male 11-12 50 Back	45.57Y
# 24	Male 11-12 50 Free	31.90Y

### Schmidt, Max (11)

# 2	Male 11-12 100 IM	1:22.62Y
# 4	Male 11-12 50 Breast	42.13Y
# 7	Male 11-12 200 Breast	3:27.12Y

## Sun March 14 : Session 6 : Boys 500fr

Warm up TBA Start TBA

## Sun March 14 : Session 7: 11/12 Girls

Warm up TBA Start TBA

### Event # 28 11/12 female 200 free relay

#### Klinger, Kaitlyn (12)

# 31	Female 11-12 100 Fly	1:16.40Y
# 33	Female 11-12 50 Free	29.39Y

#### Resman, Sarah E (12)

# 29	Female 11-12 100 Free	1:10.17Y
# 30	Female 11-12 50 Back	35.77Y
# 34	Female 11-12 200 Back	2:38.12Y

#### Wallace, Amy (12)

# 30	Female 11-12 50 Back	41.96Y
# 33	Female 11-12 50 Free	32.21Y
# 34	Female 11-12 200 Back	3:18.18Y

#### Yost, Julianna V (12)

# 29	Female 11-12 100 Free	1:10.12Y
# 30	Female 11-12 50 Back	43.96Y
# 33	Female 11-12 50 Free	34.90Y

## Sun March 14 : Session 8: Girls 500 fr

Warm up TBA Start TBA

#### Klinger, Kaitlyn (12)

# 36	Female 11-12 500 Free	6:12.12Y
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