

**ORDER of EVENTS:**

Session start times may be adjusted depending on the number of entries. All coaches and club representatives will be notified a minimum of one week prior to the start of the meet.

**SATURDAY, FEBRUARY 20, 2010**

**SESSION # 1** Warm-Up 6:50AM Meet Starts 8:00AM

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
Event #	Event #	Event #
1	11-12 200 Med Relay	2
3	15&O 200 Med Relay	4
5	11-12 100 FR	6
7	15&O 100 FR	8
9	11-12 100 BK	10
11	15&O 100 BK	12
13	11-12** 50 BR	14
<b>15A</b>	<b>11-12* 200 BR</b>	<b>16A</b>
<b>15B</b>	<b>15&amp;O* 200 BR</b>	<b>16B</b>
17	11-12** 100 FL	18
19	15&O 100 FL	20
21	11-12 200 IM	22
23	15&O 200 IM	24
75	11-12	

**SESSION # 2**

Warm-Up following morning session Session #2 will start no earlier than 12:15PM

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
Event #	Event #	Event #
25	<b>9&amp;O*</b>	500 FR
<b>11&amp;O*</b>	400 IM	26

**SESSION # 3**

Warm-Up 1:20PM Meet Starts 2:30PM

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
Event #	Event #	Event #
27	9-10 200 Med Relay	28
29	13-14 200 Med Relay	30
31	9-10 100 BK	32
33	13-14 100 BK	34
35	9-10 50 BR	36
37	13-14 200 BR	38
39	9-10 100 FL	40
41	13-14 100 FL	42
43	9-10 100 FR	44
45	13-14 100 FR	46
47	9-10 200 IM	48
49	13-14 200 IM	50
103	9-10	

**SUNDAY, FEBRUARY 21, 2010**

**SESSION # 4** Warm-Up 6:50AM Meet Starts 8:00AM

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
Event #	Event #	Event #
51	11-12 200 FR Relay	52
53	15&O 200 FR Relay	54
55	11-12 100 IM	56
57	15&O 50 FR	58
59	11-12** 50 FR	60
<b>61A</b>	<b>11-12* 200 BK</b>	<b>62A</b>
<b>61B</b>	<b>15&amp;O* 200 BK</b>	<b>62B</b>
63	11-12** 50 BK	64
65	15&O 100 BR	66
67	11-12** 100 BR	68
<b>69A</b>	<b>11-12* 200 FL</b>	<b>70A</b>
<b>69B</b>	<b>15&amp;O* 200 FL</b>	<b>70B</b>
71	11-12** 50 FL	72
73	15&O 200 FR	74
200 FR	76	

**SESSION # 5**

Warm-Up following morning session Session #5 will start no earlier than 12:15PM

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
Event #	Event #	Event #
<b>9&amp;O*</b>	500 FR	77
<b>11&amp;O*</b>	400 IM	78

**SESSION # 6**

Warm-Up 1:20PM Meet Starts 2:30PM

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
Event #	Event #	Event #
79	9-10 200 FR Relay	80
81	13-14 200 FR Relay	82
83	9-10 100IM	84
85	13-14 50 FR	86
87	9-10 50 FR	88
89	13-14 200 BK	90
91	9-10 50 BK	92
93	13-14 100 BR	94
95	9-10 100 BR	96
97	13-14 200 FL	98
99	9-10 50 FL	100
101	13-14 200 FR	102
200 FR	104	

o **\*Note:** 11-12, 15&Over 200BK, 11-12, 15&Over 200BR, 11-12, 15&Over 200FL, 9&Over 500FR, and 11&Over 400IM events will be swum together but awarded separately in the appropriate age-groups (9-10, 11-12, 13-14, 15&Over).

o **\*\* Coaches Note:** The 11-12 50 BR/FL/BK/FR and 100 FL/BR swim adjacent to the 200 BR/FL/BK. Please do not enter your swimmers in back to back events as there may not be time to recover.